




# Scarborough Sixth Form College

BTEC Extended Diploma in Fashion Bridging Work





# Welcome!

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- Approx. 4 hours to complete | Deadline: First week of term in September
  - We're so excited that you've chosen to study Fashion with us! This course is all about creativity, curiosity, and experimentation – and this summer project will help you get in the zone. It's a chance to explore what inspires you, experiment with materials, and start thinking like a fashion designer.

# Activity 1: Fashion Resource - A Brief History of Style (45 minutes)

## Task:

Create a visual resource of a key fashion movement from the 20th century to the present day. You should:

- For each, include at least one designer, one iconic look or trend, and a short description (50–100 words)
- Use images, drawings, or digital collage

Materials: Sketchbook or A4 paper, magazines, internet access, scissors/glue or digital tools/phone/ipad/computer.

Outcome: This develops research skills, awareness of fashion history and visual presentation skills.



# Activity 1: Fashion Timeline - A Brief History of Style (45 minutes)

Example paragraph:

Decade: 1940s

Designer: Christian Dior

Iconic Look: The New Look (1947)

In 1947, Christian Dior introduced the “New Look,” which completely changed women’s fashion after World War II. The style featured a fitted waist, full skirt, and soft shoulders; a big contrast to the practical, boxy clothes worn during the war. It brought back glamour and femininity, using lots of fabric to create dramatic silhouettes. The New Look was elegant and luxurious, and it helped re-establish Paris as the centre of fashion. It also influenced how women dressed throughout the 1950s.



# Activity 2: Style Identity Collection (1 hour)

## Task:

Create a collection that expresses your personal fashion identity.

Include:

- Images of clothing, textures, colours, patterns that represent your current style
- Labels or short phrases to explain your choices
- Optional: Include fabric samples or drawn elements

Prompt questions:

- How do you define your personal style?
- What inspires your fashion choices?
- Are there any cultural, social or environmental influences?

Outcome: This encourages self-reflection and the development of a creative voice — key elements in fashion studies.

You could create this physically on paper if you are able to or create this digitally with something you have access to on your phone, tablet or laptop.



# Activity 3: Fashion Trend Spotting Challenge (1.5 hours)

## 1. Pick a Theme

Choose one of the following themes (or make your own):

1. Bold Colours
2. Y2K & Retro Revival
3. Sustainable Fashion
4. Athleisure

## 2. Find 3-5 Images

Use Instagram, Pinterest, fashion blogs, or online shops to find **3-5 outfits** that match your theme. Screenshot or save them.

## 3. Create a Trend Report

Use a free app like **Canva**, **Google Docs**, or even your phone's **Notes app** to put together a simple report that includes:

1. A **title** for your trend
2. A **short paragraph** (around 50 - 100 words) explaining the trend and why you chose it
3. Your **images**, with **brief notes** on:
  1. Key colours or materials
  2. Who might wear this trend (target audience)
  3. Where you might see it (e.g. festivals, high street, social media)



# Activity 3: Fashion Trend Spotting Challenge (1.5 hours)

## Activity 3 – Example paragraph:

“Athleisure is a trend that blends athletic wear with everyday fashion, creating outfits that are both stylish and comfortable. This look often includes items like joggers, oversized hoodies, crop tops, and trainers, styled in a way that works for both the gym and casual outings. The outfits I found use neutral tones, stretchy fabrics, and sporty silhouettes, making them perfect for teens and young adults who want to look put-together without sacrificing comfort. This trend is everywhere; I have seen it on social media and in high street stores. This reflects a lifestyle that values movement, ease, and self-expression.”



# Submission Instructions

Please bring all completed work to your first fashion session in September. You may present it in a sketchbook, folder, or digitally.

We can't wait to meet you in September and see the creative work you've produced over the summer! This bridging work is just the beginning of your Fashion journey. At Level 3, you'll develop specialist skills, explore diverse design approaches, and build a portfolio that showcases your unique creative voice.

See you soon!

The Creatives Faculty

Scarborough Sixth Form College

